



LUTZ SIEMER

Date of birth: 11 Jan 1968 | Nationality: German | Gender: Male

WORK EXPERIENCE

LECTURER

Saxion University of Applied Sciences – School of Applied Psychology and Human Resource Management [2021 – Current]

Enschede (Netherlands)

Lecturer research methods

LECTURER

Saxion University of Applied Sciences – Saxion Parttime School [2020 – Current]

Enschede (Netherlands)

Lecturer in the Saxion Parttime School (Research methods; Technology in health & care)

ASSISTANT LECTURER

University of Twente - Faculty of Behavioural, Management and Social Sciences - Psychology, Health [2017 – 2020]

Enschede (Netherlands)

Supervision and examination of Bachelor's and Master's theses in the context of doctoral research.

DOCTORATE

Saxion University of Applied Sciences - Research Group Technology, Health & Care [2014 – 2020]

Enschede (Netherlands)

Doctoral research on User Experience, Adherence and Effectiveness of a Blendet Smoking Cessation Treatment; in cooperation with the University of Twente, Medisch Spectrum Twente and Tactus Verslavingszorg.

SCIENTIFIC STAFF MEMBER

HeurekaNet - Freies Institut für Bildung, Forschung und Innovation e.V. [2011 – Current]

Münster (Germany)

Lutz Siemer | Offlumer Str. 15a, 48431 Rheine, Germany | +49 176 780 25 906

kontakt@lutzsiemer.de | www.lutzsiemer.de

Planning and implementation of regional and Europe-wide educational projects with a focus on digitalisation in social work.

RESEARCH ASSISTANT

Saxion University of Applied Sciences - Research Group Community Care & Youth [2008 – 2010]

Enschede (Netherlands)

Evaluation research on the Bachelor's programme in Social Pedagogy.

LECTURER

Saxion University of Applied Sciences - School of Social Work [2005 – Current]

Enschede (Netherlands)

Lecturer in the School of Social Work (Teilzeitstudiengang Social Work); as well as collaboration in various research and development projects.

COURSE INSTRUCTOR

Heilpraktikerschule Westfalen [2005 – Current]

Hamm (Germany)

Course design and delivery with a focus on psychological and psychotherapeutic topics.

LECTURER

Caritas Fachseminar für Altenpflege [2004 – 2005]

Rheine (Germany)

Teaching units on psychological topics (e.g. counselling) in geriatric care.

MANAGER

Naturheilzentrum Rheine [2002 – 2006]

Rheine (Germany)

Member of the management team of the Natural Health Centre Rheine.

LECTURER

Caritas Heilpraktikerschule Rheine [2000 – 2004]

Rheine (Germany)

Course conception and implementation in natural health practitioner training.

MANAGER

Forum Naturheilkunde [2000 – 2006]

Rheine (Germany)

Conception and organisation of events on naturopathic topics.

PSYCHOLOGIST AND NATURAL HEALTH PRACTITIONER

Praxis Siemer/Naturheilzentrum Rheine [1997 – 2006]

Rheine (Germany)

Psychological, psychotherapeutic and naturopathic work in own practice.

EDUCATION AND TRAINING

ADVANCES IN MHEALTH FOR SMOKING CESSATION

SRNT-University [2020]

Online course

BECOMING A DIGITAL CITIZEN: AN INTRODUCTION TO THE
DIGITAL SOCIETY

University of York [2017]

Online course

EHEALTH: COMBINING PSYCHOLOGY, TECHNOLOGY AND
HEALTH

University of Twente [2016]

Online course

GOOD CLINICAL PRACTICE

Medisch Spectrum Twente [2015]

Enschede (Netherlands)

EPSYX: TRENDS IN E-PSYCHOLOGY

KU Leuven [2015]

Online course

DOCTORATE

Universtiy of Twente [2014 – 2020]

Enschede (Netherlands)

Thesis: [BLENDED SMOKING CESSATION TREATMENT - User Experience | Adherence | Effectiveness](#)

CREATING (SIMPLE) EDUCATIONAL APPS

@IT [2014]

Roosbeck (Belgium)

WEB STRATEGIES AND SOCIAL MEDIA FOR LLP PROJECTS
@IT [2013]

Roosbeck (Belgium)

NATURAL HEALTH PRACTITIONER
Heilpraktiker Praxis Schule Karl Heinz Ney [1993 – 1995]

Berlin (Germany)

DIPLOM-PSYCHOLOGE
Freie Universität Berlin [1989 – 1995]

Berlin (Germany)

ABITUR
Fritz-Reuter-Gymnasium [1987]

Dannenberg (Germany)

LANGUAGE SKILLS

MOTHER TONGUE(S):
German

OTHER LANGUAGE(S):

ENGLISH
LISTENING C1 | READING C1 | WRITING C1 | SPOKEN PRODUCTION C1 | SPOKEN
INTERACTION C1

DUTCH
LISTENING B2 | READING B2 | WRITING B1 | SPOKEN PRODUCTION B2 | SPOKEN
INTERACTION B2

DIGITAL SKILLS

Microsoft Office | Social Media | Web Design (Wordpress, Jimdo) | Learning
Management Systems (Blackboard, Moodle)

PERSONALITY

Well-disposed | achievement-oriented | solution-oriented | resilient | attentive |
open | reserved

OTHER SKILLS

Singer/songwriter and several band, art and [community art](#) projects.